

**Are you a licensed counselor looking to help youth in a wilderness setting?
If so, working as a Family Counselor at Timber Ridge Treatment Center might be the right fit for you.**

What is Timber Ridge?

Timber Ridge is a wilderness treatment center, designed to provide a 12-18 month program that rehabilitates up to sixty at-risk boys between the ages of 12 and 17. We are located near the Uwharrie National Forest about 15 miles south of Salisbury, North Carolina. The large cities of Greensboro, Winston-Salem, and Charlotte are all within a 45-minute drive as well.

Timber Ridge Treatment Center is accredited by the Joint Commission of Health Care Organizations, licensed by the NC Department of Facility Services, and accredited by the NC Department of Public Instruction. In addition, our center meets all requirements for Residential Treatment - High, Level III services. A recent survey from the North Carolina Community Programs Administrative Services (ASO) was completed and Timber Ridge was found to be in full compliance with all standards.

What is a Family Counselor?

The family counselor functions as a therapist to provide individual, group, and family therapy. Counseling may include specific skills training for residents and families, resolution of individual emotional or behavioral concerns, family counseling, or any combination of these areas. Key components center around family contacts, therapeutic services for residents, case management, and documentation.

The Family Counselor strengthens relationships between the resident and his family members by:

- Providing parent orientation to the Timber Ridge program
- Offering family counseling at least once a month
- Providing parent education, including sharing information about resident's diagnosis, medication, treatment, and progress on Parent's Day (one Saturday per month)
- Maintaining a therapeutic alliance with parents / caregivers through telephone calls, progress updates, and by scheduling therapeutic home visits

The Family Counselor assists the resident with developing skills necessary to be successful, and addresses residents' issues that are psychological, emotional or behavioral by:

- Conducting individual counseling sessions at least once per month
- Assisting our Substance Abuse Counselor in coordinating drug and alcohol treatment.
- Participating in formulation of treatment plan and periodic review of treatment goals.

The Family Counselor represents the residents' interests outside of the program by

- Acting as a liaison between Timber Ridge and the external treatment team (referral sources, Department of Social Services, Juvenile Services, Guardian At Litem, parents, etc.).
- Coordinating various services to meet residents needs (transportation, home visits, special requests, etc.).
- Representing the resident and present recommendations of the Timber Ridge Treatment Team in court appearances and other planning processes
- Participating in discharge planning to ease transition into the home community

What is the website?

If you would like further information, please visit our website www.trtc.net

Requirements: We require our candidates to be licensed, or provisionally licensed, and possess a Master's Degree.

Benefits include health, dental vision insurance for \$80/month, 10 vacation days per year, 12 sick days per year, 401k access after 1 year of employment, salary commensurate with experience.